

Healing Skies Conference 2019

An ND's Journey with Breast Cancer: My Cups are Half Full

Dr. Molly Niedermeyer ND

Biography:

Dr. Molly Niedermeyer ND, LM graduated from John Bastyr College of Naturopathic Medicine with a doctorate degree and later finished a midwifery degree. Her practice style is to be a true “family practice” doctor, intimately aware of each client’s health goals and issues that inhibit them from reaching those goals. Although she no longer actively attends to families in labor, she still provides comprehensive prenatal/postpartum care, provides guardianship of the growth of pediatric clients, and provides guidance to both women and men in their course of health through their adult lives.

Another strong aspect of Dr. Niedermeyer’s practice is her knowledge of both fields of medicine: allopathic and naturopathic. She provides the filter that most people need to navigate through their often-confusing health decisions. She believes that each person needs a Naturopathic Physician to be their primary care physician because they can help design the preventative course of action and interface with Medical Doctor colleagues to design the most integrative treatment regime. Recently, because of her own journeys she has been assisting people thru the journey of a cancer diagnosis.

Presentation description:

I believe that breast cancer in particular is a disease of toxicity: physical, emotional and spiritual toxicity. That the hormones, especially our estrogens, are exposed to these things and that they are poisoned. Our immune systems are overwhelmed by life, our genetics and learned ability to deal with the congestion, and that these “poisoned boats” dock in the marina with the most “boat slips,” the breast tissue. Therefore, our breast takes the brunt of the exposure. It is a wiser choice than our gut, less harmful. The site is not random either: left side is our feminine side, right our masculine. This has implications for post treatment as well. This presentation will cover topics such as diagnosis, baselines, getting support, treatment, naturopathic principles and treatment, recovery time, detox, and life.

