## Healing Skies Conference 2019

## Advanced nutrient therapy for ADHD, Autism, learning and behavioural disorders

Dr. Jason Loken, ND, DOMP, RMT, Ph.D (cand)

## **Biography:**

Dr. Loken, ND, DOMP, RMT, PhD (cand) is passionate about transforming our beliefs around healing and embracing our limitless potential. With over 20 years in natural health care he has founded the Centre for Integrative Medicine, a healing center that amalgamates his training in Integrative Medicine, Naturopathic Medicine, Osteopathy, Applied Kinesiology, Registered Massage Therapy, and the Walsh Mental Health Approach.

Dr. Loken is the former professor of Orthopedics and Physical Medicine at the Canadian College of Naturopathy. He lectures internationally and has appeared on both television and radio discussing topics such as disease prevention, optimal health, stress management and mental health. In his expanding efforts to bring care and ease into people's lives and ultimately this world Dr. Loken has co-created a support organization called

lives and ultimately this world Dr. Loken has co-created a support organization called GlobalShifts. He is the author of two books including the inspirational book, "Letters that Move the World; intentional acts of gratitude". The vision of this book is to create a focused moment for positive change in our world. His most recent book, "Understanding to Knowing: Unlocking Your Path to Optimal Health", assists individuals back into the driver's seat of their own health and offers practical solutions to a myriad of health problems.

It is his sincere belief that when we take the time to truly care for ourselves, we ignite our innate capacity to care for others and ultimately our world.

## **Presentation description:**

Advanced nutrient therapy offers a natural method of correcting imbalances in neurotransmitter activity. Specific blood and urine tests are utilized in order to determine biochemistry of each patient and to develop an individualized treatment plan aimed at normalizing brain chemistry. Advanced nutrient therapy lacks the serious side effects associated with psychiatric medications and can be used together with medication and counselling providing great flexibility to the mental health practitioner.

