

Healing Skies

Conference 2019

‘Naturopathic Doctor as Metaphysician’: an inclusive and innovative future



Dr. Braven Rayne – ND (BSc.)

Biography:

Braven Rayne graduated from NCNM in 1979 and practiced in Victoria B.C. for 28 years. He is past president of the Association of Naturopathic Physicians of B.C. and past president of The Canadian Association of Naturopathic Doctors (formerly known as the CNA). From 2000 to 2012 Dr. Rayne was instructor at Boucher Institute of Naturopathic Medicine teaching multiple subjects with a speciality in mental health. Now retired, he is living a holistic pastoral life with his wife on Salt Spring Island B.C.

Presentation description:

This lecture explores the question; What it means to be a holistic physician and are naturopathic doctors expressing a fully holistic practice? Does caring for the physical body in a natural way adequately address it? Are we missing something if we do not address the health of the mind and spirit? It examines the mind/body connection and how we can increase medical results and quality of life in our patients through engaging this interaction. This presentation will recall how the pioneers in our profession addressed this. The current science of the mind/body relationship will be included. Questions that will be answered are; What is the difference between psychotherapy and spiritual work? What is a metaphysician? What is a metaphysical inquiry and what are his/her tools? What deficiencies may be missing in our current education and practices? How can we become better doctors by including whole-self therapeutics and invigorate the future of our profession and of those we serve?